

RESTAURANT

GoodLife Restaurant

Menu

PHOTOS ARE MEANT TO BE REPRESENTATIVE AND NOT EXACT

BREAKFAST ALL OUR PRICES ARE INCLUSIVE OF VAT 7.5% LAGOS STATE CONSUMPTION TAX 5%

AND SERVICE CHARGE 10%

BREAKFAST PLATES

TRADITIONAL ENGLISH BREAKFAST	N 16,500
Your choice of Eggs, Turkey Bacon, Sausage (Chicken or Beef), Baked Beans, Grilled Mushrooms, Grilled Tomato, and Toast Bread	
EGGS BENEDICT	N 11,600
Toasted Homemade English Muffin, Smoked Turkey Ham	
and Soft Poached Eggs Served with a Signature	
Hollandaise Sauce and Roasted Potatoes	
EGGS ROYALE	N 12,600
Toasted Homemade English Muffin, Smoked Salmon and	
Soft Poached Eggs Served with a Signature Hollandaise	
Sauce and Roasted Potatoes	
FLUFFY PANCAKES STACK	N 12,000
Fluffy Pancakes served with Roasted Pineapple,	
Strawberry Chunks and Hibiscus Syrup	
THE NIGERIAN BREAKFAST	N 12,700
Plantain or Yam (Boiled or Fried) Served with Either Fish	
or Egg Sauce	
LATUS AND CHOCOLATE STUFFED FRENCH TOAST	N 11,000
Deliciously stuffed with Latus spread, Chocolate sauce and banana served with brulee banana, fresh strawberry, grilled beacon, whipped cream and agave syrup.	

N 4,500 **OMELETTE** Choice of add: Cheddar Cheese N 2,500 Mushroom N 2,000 Vegetable N 2,000

BREAKFAST BOWLS

BERRY SMOOTHIE BOWL N 8,500 Frozen Banana & Berries, Yoghurt, Agave Syrup Topped with Chia Seed, Fresh Banana and Blueberries. N 8,000 **GRANOLA & YOGHURT BOWL** Signature SRS Granola on a Bed of Thick Greek Yoghurt

Served with a Drizzle of Agave Syrup







CHEESE PLATTER

TRADITIONAL CHEESE PLATTER

Our Selection of Fine Cut Mozzarella Cheese, Manchego Cheese, Caviar, Lavosh, Brie Cheese, Cured Red Apple, Walnuts, Grapes and Orange Jam

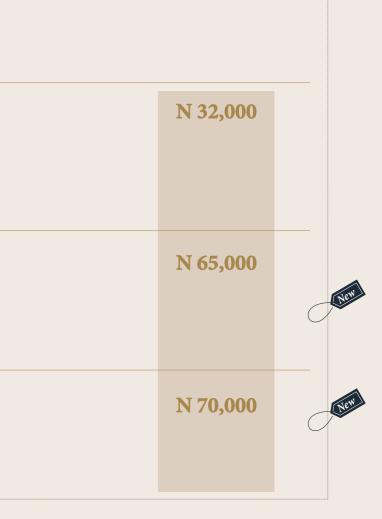
MEAT BOARD

Peppered Gizzard, Shitto BBQ Sauce, Peppered Snail, Peppered Beef, Comes with a Side of Fried Plantain, yam Fries and French Fries

SEAFOOD PLATTER

Spicy prawns, yaji calamari, grilled croaker fish served with French fries, jollof rice and plantain.

THE GOODLIFE RESTAURANT









SALADS

GRILLED SALMON & KALE SALAD

Grilled salmon served on a bed of steamed Kale, Saut Onions and Peppers with Honey Mustard Dressing

FATTOUSH

Deep fried Lebanese bread with sumac, romaine lettu pomegranate, cherry tomato and a zesty sumac dressi

SALAD NICOISE

A fine selection of steamed potato, green beans, romaticherry tomato, tuna and a mustard dressing.

THE PIER CAESAR SALAD

Lettuce in a Creamy Garlicy Caesar Dressing Topped Parmesan, Croutons & Jerk Chicken Pieces a Signatur Twist on a Cult Salad Fave

AVOCADO SALAD

Diced Avocado, Cucumber and Cherry Tomatoes wit Red Onions and a Lemon Vinaigrette

CASHEW CREAM CAULIFLOWER SOUP WITH SCOTCH BONNET OIL

(Ask for this dish to be made Vegan) Roasted Cauliflower, Garlic Bread and Scotch Bonnet

COCONUT CHICKEN PEPPER SOUP

Moist Chicken Bites and Yam, Fragrant Coconut Pepp Broth

	_	
téed	N 28,000	
ice, cucumber, ing	N 11,700	
n lettuce, black olive,	N 21,000	
with re	N 16,500	
:h	N 11,000	
t Oil	N 12,500	
per	N 11,000	





STARTERS

STARTERS

HONEY GLAZED SALMON SLIDERS

Slider buns, Honey glazed salmon, pickled red cabbage and honey mayo dressing

STUFFED CABBAGE ROLL

Steamed cabbage stuffed with flavorful homemade minced beef,

plum gravy and sweet potato puree

MUSHROOM CROQUETTES (VG)

Mushroom Croquettes, Smoked Ata din din Purée and Crunchy Seaweed

SPICY SUSHI STACK

Layers of Sticky Sushi Rice, Avocado and Cucumber, Shrimp in Spicy Mayo Sauce, Sesame Seed and Crunchy Seaweed

PEPPERED SNAIL

Slow Cooked Snails, Spicy Tomato Sauce and Bell Peppers

DYNAMITE SHRIMPS

Crispy Fried Shrimp Coated in a Spicy Mayonnaise Dressing

DYNAMITE CHICKEN

Crispy Fried Chicken Coated in a Spicy Mayonnaise Dressing

QUADRUPLE PLATTER

Lavosh with Whipped Chilli Butter, Shitto BBQ Winglets, Mozzarella Sticks, Suya Calamari, served with Yaji Mayo and Spicy Mayo Dressing N 14,900

N15,500

N 12,700

N 14,900

N 27,500

N 18,700

N 20,000

Tender duck breast, rolled in a flavo spring onions and hoisin sauce.

DUCK ROLL WITH HOSSINE SA

SUYA CALAMARI WITH A YAJI

Deep Fried Squid in Yaji Batter, Yaji

CHICKEN TACOS

Pulled Chicken in Five Pepper Sauce Refreshing Yoghurt Dip and Tomato

GOAT MEAT TACOS

Pulled Goatmeat in Five Pepper Sau Refreshing Yoghurt Dip and Tomato

SHITTO BBQ CHICKEN WINGL SWEET PEPPER WINGLETS **NIGERIAN STYLE WINGLETS**

N 17,500

AUCE orful pancake, cucumber,	N 33,500	Ker
MAYO DIP i Mayo Dip	N 14,500	
ce, o Salsa.	N 14,500	
ıce, o Salsa.	N 16,500	
LETS	N 12,700 N 12,700 N 14,500	

THE GOODLIFE RESTAURANT

SANDWICHES & BURGERS



SANDWICHES & BURGERS

BEEF BURGER	N 18,500
Beef Patties Served on a Toasted Brioche Bun with	11 10,000
Caramelized Onions, Pickles, Cheddar Cheese, Chili Jam,	
Roman Lettuce and Tomato	
CHICKEN BURGER	N 14,500
Crispy Buttermilk Fried Chicken Served on a Toasted	
Brioche Bun with Lettuce, Pickles & Sriracha Mayo	
SUYA CHICKEN WRAP	N 19,000
Grilled Suya Chicken Breast in a Tortilla Wrap with	
Lettuce, Cheese, Yaji Mayo and Bell Peppers	

PIER HARBOUR CLUB SANDWI

Chicken Slices, Cheddar cheese, gril Ham, crunchy lettuce, tomato, and c mayonnaise on buttered toasted brea

CHICKEN PIZZA

Flat Bread, Mozzarella Cheese, Italia Shredded Chicken

VEGETABLE PIZZA

Flat Bread, Mozzarella Cheese, Italia Bell peppers, mushrooms & fresh ba

CH lled bacon, grilled	N 19,500
our signature garlic ad	
an Tomato Sauce,	N 16,500
an Tomato Sauce, asil	N 13,500

THE GOODLIFE RESTAURANT

PASTA, SIDES & MAINS



GOOD LIFE URANT E S T A



PASTA N 14,500 **TOMATO AND BASIL SAUCE** Your Choice of Pasta Tossed in tomato and basil sauce with Parmesan Cheese N 14,500 **ALLA VODKA** Your choice of Pasta Cooked in a Creamy Pink Tomato and Vodka Sauce, Topped with Parmesan Cheese N 16,500 **CREAMY GARLIC MUSHROOM AND MUSHROOM SAUCE** Your Choice of Pasta Cooked in a Rich Creamy Garlic and Mushroom Sauce, Topped with Chilli Oil and Parmesan Cheese N 34,000 **SEAFOOD PASTA** Your choice of Pasta in a Rich Medley of Seafood (Prawns, Calamari and Shrimp)

in Tomatoes and Basil Sauce

GNOCCHI WITH PINK SAUCE

Delicate potato, gnocchi cooked to al dente served in a rich pink sauce, a velvety blend of rice tomato and creamy flavors finished with fresh basil. N 22,000

SIDES

SMOKE WOOD JOLLOF RICE	N 9,000
FRIED RICE	N 7,000
HERBY MASHED POTATO	N 7,000
CREAMY MASHED POTATO	N 8,500
FRENCH FRIES	N 6,000
FRIED PLANTAIN	N 6,500
SAUTÉED VEGETABLES	N 6,500
SAUTÉED SPINACH	N 6,000

HOUSE SPECIAL RICE	N 10,000
ADD CHICKEN	N 8,000
ADD PRAWNS	N 11,500

YOUR CHOICE OF PASTA PENNE PASTA LINGUINE PASTA



MAINS

BEEF STROGANOFF Tender Beef Stripes Cooked in Mushroom Heavy Sauce Served with herb Rice.	N 46,000
MUSHROOM & LOCUST BEAN RISOTTO Rich & Creamy Risotto served with eggplant cooked in a chilli butter and chilli oil	N 14,500
SUYA LAMB CHOPS Suya Crusted Lambchops, Crispy Roast Potatoes, Cauliflower and White Chocolate Purée, Sautéed Vegetables and a Rich Red Wine Jus	N 35,500
PAN GRILLED RIBEYE STEAK Pan Grilled Seared Ribeye Steak Cooked with a Herby Butter, Sautéed Vegetable, Beetroot Purée, Mushroom Sauce and a Side of Choice	N 49,500

HERB GRILLED DUCK BREAST

Herb grilled duck, butter nut squash Purée, crunchy beans, arroz de pota and a rich red wine jus.

GRILLED BBQ CHICKEN WITH CHIMICHURRI ROASTED POTATOES (SERVES 2)

Grilled BBQ Chicken Glazed with in House Smoky BBQ Sauce, over Roasted Potatoes in a Vibrant Chimichurri Sauce Served with Chimichurri Sauce by the Side

ASIAN SHORT RIBS

Slow Cooked Short Ribs, Smoked Car Short Ribs Jus and a Side of Choice

SURF AND TURF JAPANESE TEPH

Medium Prawns Filled with a Cream Bacon Mix, Grilled Rib Eye Steak, Sau Asian Inspired Fried Rice

SEARED SALMON

Crispy Skin Salmon, Pea Purée, Sautée Pineapple Sauce and Side of Choice.

MOQUECA FISH STEW WITH HE

A Rich, Brazilian Fish Stew Cooked w Served with Herb Rice

JERK CHICKEN WITH RICE & PE

Jerk Style Chicken laps with Carribeau and a Jerk Red Wine Jus

CHICKEN KABAB

N 58,700

N 39,500

Juicy grilled chicken kebab served wit warm flatbread, and crispy French frie of flavors and textures.

GRILLED PRAWNS

Grilled prawns in 5 pepper sauce, Saut lemon and pineapple sauce, carrot Pur

THE GOODI

rot Purée, Green Oil,	N 36,500	
PANYAKI (SERVES 2) of Smoked Turkey itéed Vegetable and	N 65,000	
ed Vegetable, Lemon and	N 34,500	
CRB RICE with Boneless Red Snapper,	N 29,800	New
<mark>AS</mark> n Rice & Peas, Plantain	N 28,500	
th creamy hummus, es for a perfect mix	N 21,000	New
itéed vegetables, rée and any side of choice	N 31,000	
LIFE RESTAURANT		
LITE RESTAURANT		

NATIVES

PEPPERED CHICKEN, PLANTAIN AND ANY SIDE OF CHOICE PEPPERED BEEF, PLANTAIN AND ANY SIDE CHOICE PEPPERED GIZZARD, PLANTAIN AND ANY SIDE OF CHOICE



N 24,000 N 23,500 N 25,000





DESSERTS

DESSERTS

PLANTAIN CRUMBLE	N 11,000
Plantain Crumble and Mango Sorbet	
MALT CHEESE CAKE	N 11,500
Malt Cheese Cake with Chin-Chin Base, Macrons and Tuile	
ORANGE BROWNIE WITH VANILLA ICE CREAM	N 11,500
Orange Brownie, Vanilla Ice Cream, Chocolate Sauce, Cherry,	
Short Bread and White Chocolate Soil	
STICKY TOFFEE PUDDING	N 11,500
Moist Sticky Toffee Pudding, Rich Vanilla Custard and Vanilla	111,500
Ice Cream	
TURAMISU	N 11,500
With a Dusting of Cocoa Powder and dark Chocolate shavings,	
Dark Chocolate Soil, Strawberry and a Crispy Waffle Rolls	
MANGO TRES LENCHES	N 10,500
Sponge Cake soaked in Mango syrup, with a layer of whipped cream	
Short bread and white chocolate soil, topped with blueberries and grapes	







SOFT DRINKS

N 3,000
N 3,000
N 3,000
N 3,000
N 3,500
N 3,500
N2,500
N3,500
N4,000
N5,250

PACK JUICE	BTL	G
ORANGE JUICE	N10,000	Ν
PINEAPPLE JUICE	N10,000	N
CRANBERRY JUICE	N12,500	N
APPLE JUICE	N10,000	N
BEERS		
HEINEKEN	N5,250	
BUDWEISER	N5,250	
GUINNESS	N5,250	Ν
LAGOS LARGER DRAFT	N5,500	
FOUNDER'S PALE ALE	N5,500	
HARMATAN HAZZE	N5,500	
BLACK GOLD STOUT	N5,500	

FRESH JUICE & SMOOTHIES

SEASONAL FRUIT SMOOTHIES	N12,500	
GREEN SMOOTHIES	N9,000	
FRESH PINEAPPLE JUICE	N34,500	N 7,000
ORANGE JUICE	N34,500	N 7,000
WATERMELON JUICE	N34,500	N 7,000
MILKSHAKE	N9,500	

SLS

N3,500 N3,500 N4,000

N3,500



N3,500



COCKTAILS

MOJITO (CLASSIC, STRAWBERRY, PASSION FRUIT, PEACH White Rum, Demerara Sugar, Fresh Lime, Soda Water, and Mint	N11,500
QUIET STORM Whiskey, Martini Rosso, Fresh Lemon Juice, Ginger and Beer	N11,500
MOSCOW MULE Vodka, Fresh Lemon Juice, and Ginger Beer	N11,500
CLEVER WATERMELON Dark Rum, Watermelon, Soda Water, and Strawberry Syrup	N11,500
LONG ISLAND Vodka, Tequila, Light Rum, Triple Sec, Gin, and Coca Cola	N11,500
PEDRO SOUR Pedro Ogogoro, Fresh Lemon Juice, Demerara Sugar, and Cherry	N11,500
THE FUSION Whiskey, Fresh Pineapple Juice, Fresh Orange Juice, Lemon Juice and Red Wine	N11,500
GINGERTOX Pineapple, Ginger, Triple Sec, Lemon Juice, Vanilla Syrup, Malibu, and Spiced Rum	N11,500
THE GOODLIFE Gin, Coconut Rum, Lemon Juice, Simple Syrup Blueberry/Srawberry/Kiwi Basil	N11,500

CHOCOLATE MARTNI

Vodka, Espresso, Khalua, Baileys, and Chocolat Shaving

GOODLIFE BREEZE

Watermelon, Vodka, Lemon Juice, and Waterme Syrup

HIGH LIFE

Pineapple, Passion Fruit Syrup, Lemon Juice, W Malibu, and Prosecco

COSMOPOLITAN

Vodka, Contreau, Grey Goose Vodka, Lemon Ju and Cranberry Juice

MIDNIGHT SKY Whiskey, Sour Mix, Grenadine, and Blue Curaca

STRAWBERRY SOUR

White Rum, Lemon Juice, Coconut Water, and I Strawberries

SANGRIA

A Glass of Sangria (Red, Rose, White) A Jug of Sangria (Red, Rose, White) Bar Special



ce	N11,500	
elon	N11,500	
/hisky,	N11,500	
uice,	N11,500	
cao	N11,500	
Fresh	N11,500	IN SP
	N 11,500 N 28,000 N 13,500	



MOCKTAILS

SUNBURST Fresh Orange Juice, Tonic Water, Grenadine Syrup, and Rosemary	N8,500
WATERMELON NOJITO Watermelon, Mint, Lime, Soda, Ginger Ale, and Demerara Sugar	N8,500
WINE-FREE SANGRIA Apple Juice, Cranberry Juice, Strawberry, Ginger Ale and Passion Fruit	N8,500
FROZEN APPLE MARGARITA Apple Juice, Sweet & Sour Mix, and Green Apple	N8,500
APPLE PIE MOSCOW MULE Apple Cider, Ginger Beer, Caramel Essence, Cinnamon, and Apple	N8,500
SEATTLE CHAPMAN A Glass of Seattle Chapman A Jug of Seattle Chapman	N8,500



CHAMPAGNE

MARTINI

Rose	N70,000
Brut	N70,000
Presecco	N70,000
Dom Perignon Brut	N1,200,000
Dom Perignon Rose	N1,350,000
ACE OF SPADES GOLD	N1,240,000
ACE OF SPADES ROSE	N1,492,000
Moet & Chandon Imperial Brut	N270,000
Moet of Chandon Nectar Imperial Rose	N450,000
Veuve Clicquot Rose	N354,500
Veuve Clicquot Brut	N337,500
Veuve Clicquot Rich	N472,500



		25ML
WHISK(E)Y	BOTTLE	SHOT
GLENFIDDICH (12YRS)	N 165,500	N 13,000
GLENFIDDICH (15YRS)	N 245,000	
GLENFIDDICH (18YRS)	N 312,500	
GLENFIDDICH (21YRS)	N 1,090,250	
GLENFIDDICH (26YRS)	N 2,500,000	
CHIVAS REGAL 12YRS	N 127,600	N 7,500
CHIVAS REGAL 15YRS	N134,750	
CHIVAS REGAL (18YRS)	N 208,250	
BLACK LABEL	N 104,500	N 6,000
GOLD LABEL	N 200,000	N 10,000
RED LABEL	N 85,500	N 5,000
BLUE LABEL (21YRS)	N 962,000	
JAMESON DOUBLE BLACK	N132,000	
BALVENIE 12	N214,500	
BALVENIE 14	N312,500	
BALVENIE 21	N967,750	
JACK DANIEL	N142,000	N 9,000



RUM	BO
EL PASADOR DE ORO XO COGNAC CASK	N2
EL PASADOR DE ORO PASSIONFRUIT RUM	N2
EL PASADOR DE ORO GRAN RESERVA COGNAC CASK	N3

LIQUEUR/DIGESTIVES

CALL LANGE

CAMPARI	N 76,000	N 5,000
BAILEYS	N 75,000	N 5,000
COINTREAU	N 75,000	N 5,000
JAGERMEISTER	N 85,750	N 5 ,000
KAHLUA	N 85,000	N 5 ,000

TTLE 25ML SHOT

262,000	N16,500
283,000	N18,000

36.000	N336.000

COGNAC

HENNESSEY (VS)	N15
HENNESSY VSOP	N25
HENNESSEY (XO)	N78
REMMY MARTIN (VSOP)	N22
REMMY MARIN (XO)	N71

VODKABOTGREY GOOSEN153BELVEDEREN220ABSOLUTE VOLDKAN71,CIROC REGULARN126DRUMSHANBO SAUSAGE TREE VODKAN145

BOTTLE	
N153,500	
N257,250	
N787,500	
N226,500	
N710,500	
	CUATO
BOTTLE	SHOTS
N153,000	
N220,000	
N71,000	N5,000
N126,500	N8,000
N145,000	N14,000

		25ML
TEQUILA AND GIN	BOTTLE	SHOT
HENDRICK	N 157,000	N 10,000
BOMBAY SAPPHIRE	N 87,000	N 5,000
PATRON SILVER	N 184,000	N 11,500
PATRON GOLD	N 214,000	N 13,000
OLMECA SILVER	N 80,500	N 5,000
OLMECA GOLD	N80,000	N 5,000
VIVIR BLANCO	N230,000	
VIVIR REPOSADO	N304,000	
VIVIR VS COFFEE	N221,000	
CLASE AZUL REPOSADO	N 650,000	
CAPE TOWN CLASSIC GIN	N70,000	N5,000
DRUMSHANBO IRISH GIN	N129,000	
DRUMSHANBO SARDINIAN CITRUS IRISH GIN	N175,000	
DRUMSHANBO CALIFORNIAN ORANGE IRISH GIN	N175,000	











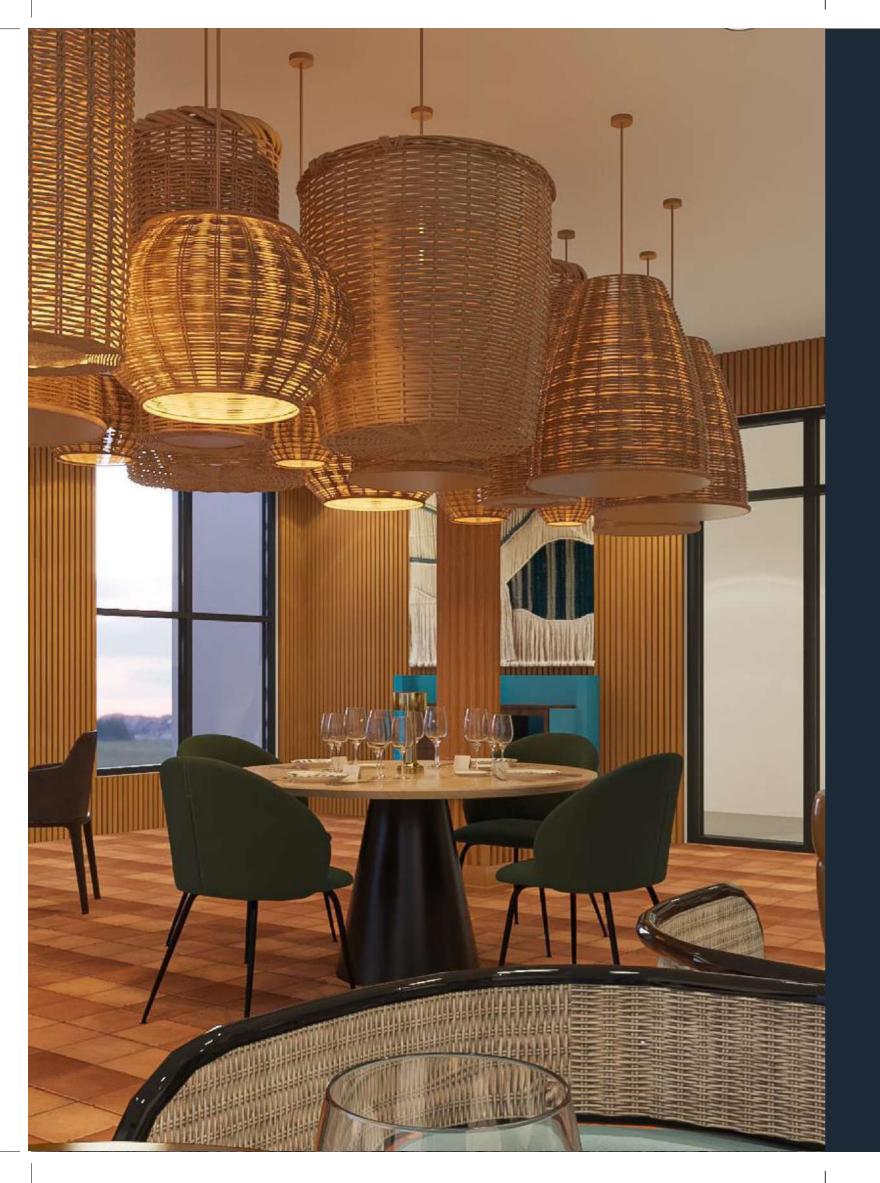
HOT BEVERAGE

HOT DRINKS

ESPRESSO	N 2,500
DOUBLE ESPRESSO	N 3,500
AMERICAN COFFEE	N 3,500
CAPPUCCINO	N 3,500
CAFÉ LATTE	N 3,500
TEA (SELECTION)	N 3,500
COLD COFFEE	
IRISH COFFEE	N 7,000
FRAPPUCCINO	N 5,500
ICE COFFEE	N 5,500
LEMON ICE TEA	N 5,000
GINGER ICE TEA	N 6,000
FROZEN COFFEE	
FRAPPUCCINO	N9,500
THE GOODLIFE SHISHA REFILL	N12,000 N6,000



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Our beef, lamb, chicken, Fish and shellfish are sourced from fresh, chilled or frozen selections and originate from a wide range of countries, including Nigeria, Norway, South Africa, Lebanon, and United Kingdom

ESTD.

